



A MILLION | **Norfolk**
POSSIBILITIES | **2017**

High School Rowing Challenge

December 11-15, 2017

School: Holy Trinity Catholic High School

Date: December 15, 2017

Time: During lunch in the gymnasium

Your school will be competing in a rowing challenge along with the other High Schools in Norfolk County to raise strokes for A Million Possibilities and to support Inclusion! Each school will have a male student team, a female student team and a teacher team that will compete against each other and the other High Schools to see who can raise the most strokes!

- ◆ Come cheer on your favorite team and support inclusion!
- ◆ For the internal competition you can give the team of your choice a leg up by purchasing extra strokes to go toward their total!



What is a Million Possibilities Norfolk?

A Million Possibilities Norfolk is a campaign aimed at raising public awareness and funds for people with intellectual disabilities by collecting strokes throughout various events in Norfolk County. Each stroke collected represents the possibilities that all people have in their lives and a larger dream of inclusion. The movement is part of the larger Community Living Ontario campaign *A Million Possibilities* in which Colin Sanders, a proud father of a man with an intellectual disability will row across the Atlantic Ocean to collect a million strokes. Colin shares Community Living Ontario's vision where students who have an intellectual disability can go to school with friends from their own neighbourhood and learn side by side with their peers, where people have opportunities to explore meaningful employment and develop friendships with colleagues, and where people have a choice to live where they want to live and can participate fully in their communities.

To kick off the Norfolk campaign Tyler Backus of South Coast Watersports, partner Jonah Logan and friend Kodie Peekstock stand-up paddle boarded across Lake Erie on July 6th, 2017 collecting our first 150,000 strokes. Tyler, who is a Physical Education Teacher at Holy Trinity Catholic High School has once again climbed on board to participate in our rowing competition and he is challenging other High Schools to compete too!

